

# Parenting Education Programs



## STATE OF CONNECTICUT JUDICIAL BRANCH

*List of Approved Programs*

**Instructions to Participants**  
**Program Explanation**  
**Program Costs**

**Judicial Branch Website:**  
**[www.jud.ct.gov](http://www.jud.ct.gov)**

This material may be made available in an alternate format, or other assistance may be provided upon request by a qualified individual with a disability under the provisions of the ADA. For information or assistance, contact the program provider where you plan to attend the program.

# What are... Parenting Education Programs?

Parenting education programs are classes designed to educate adults about the many issues children face when their family situation changes. The programs train participants about how to help children adjust in a healthy way to divorce or living apart from a parent. The programs include information about children's developmental stages, helping children adjust to parent separation, cooperative parenting, conflict management and dispute resolution techniques, guidelines for visitation and parent access, and stress reduction for children.

If you have children under age eighteen, you must participate in a parenting education program with-in sixty (60) days after a family case is filed in court. All parties involved in divorce, dissolution of a civil union, annulment, separation, custody or visitation cases are required by law to participate in a parenting education program. Both judges and family support magistrates have the authority to order your participation in the program.

## **HOW MUCH DOES THE PROGRAM COST?**

Participation in a parenting education program costs \$150 per person. You must pay the program provider directly. The fee is not paid to the court. If you cannot afford the fee, complete an Application for Waiver of Fees form (JD-FM-75) and file it with the clerk. If you are in court when you are ordered to attend a program, and you are unable to afford the fee, you may request that the fee be waived at that time.

## HOW LONG IS THE PROGRAM?

Parenting education programs are six hours. The program may be offered in two three-hour classes, or in three two-hour classes. Check with the program provider about the schedule.

## How do I register?

- Complete Section III of the Parenting Education Program – Order, Certificate and Results form (JD-FM-149). The forms are available at all Judicial District Clerks' Offices, Court Service Centers and on the Judicial Branch website. Your lawyer or the program provider may also have the form.
- You may attend any approved parenting education program in the state. Approved programs are listed in this brochure.
- Contact the program provider most convenient for you to get information about registration, fee arrangements, class dates, times and locations.
- Contact the program provider to register for a class. The court will not register you.
- Be sure to tell the program provider if you must complete the class by a certain date.
- Bring the Parenting Education Program Order, Certificate and Results form (JD-FM-149) with you to the first class.
- Upon satisfactory completion of the program, the program provider will send you and the court a certificate of completion.

## INSTRUCTIONS FOR PARTICIPANTS

In order to participate in a parenting education program you must make the arrangements yourself. Following is a list of the programs approved by the court. You can attend any program in the state. You must call the program provider directly to obtain specific information concerning dates, times, and locations of the classes as well as the registration procedures and fee arrangements. **Be sure to tell them if you have been ordered to complete the program by a certain date.** Remember to bring the parenting education certification form with you to the first class.

### IMPORTANT

All parties may attend the same parenting education class, but you do not have to. Tell the program provider when you call to register if you want to be in a different class from any other party.

If you are afraid of any of the parties involved in your case, or afraid you may be in danger if you attend class with them, ask for separate classes when you register. Or, you may register with a different program. Remember, you may attend any approved program in the state.



**PARENTING EDUCATION  
PROGRAMS APPROVED  
BY JUDICIAL BRANCH  
STATE OF CONNECTICUT**

***ANSONIA/MILFORD JUDICIAL  
DISTRICT***

**1. Shoreline Wellness Center  
203-931-1184**

415 Main Street  
West Haven, CT 06516

**Website:**

[www.shorelinewellnesscenter.com](http://www.shorelinewellnesscenter.com)

Classes offered in English  
Classes offered virtual and in-person

***DANBURY JUDICIAL DISTRICT***

**1. CT Council of Family Service Agencies  
Catholic Charities  
203-743-4412 ext.247**

405 Main Street  
Danbury, CT 06810

**Website:** [https://www.ccfairfield.org/  
project/pep/](https://www.ccfairfield.org/project/pep/)

Classes offered in English  
Classes offered virtual and in-person

**2. CT Council of Family Service Agencies  
Newtown Youth & Family Services  
203-270-4335**

15 Berkshire Road  
Sandy Hook, CT 06482

**Website:** [https://www.  
newtownyouthandfamilyservices.  
org/Programs/Parenting-Education-  
Program/](https://www.newtownyouthandfamilyservices.org/Programs/Parenting-Education-Program/)

Classes offered in English  
Classes offered in-person

***FAIRFIELD JUDICIAL DISTRICT  
(BRIDGEPORT)***

**1. CT Council of Family Service Agencies  
Recovery Network of Programs  
203-583-8181**

1438 Park Avenue  
Bridgeport, CT 06604

**Website:**

<https://recovery-programs.org/>

Classes offered in English  
Classes offered in-person

***HARTFORD JUDICIAL DISTRICT***

**1. CT Council of Family Service Agencies  
Catholic Charities  
The Institute for Hispanic Families  
Main Phone: 860-527-1124  
Toll-Free Phone: 1-888-405-1183**

45 Wadsworth Street  
Hartford, CT 06106

**Website:** [https://www.ccaoh.org/  
how-we-help/parenting-education/](https://www.ccaoh.org/how-we-help/parenting-education/)

Classes offered in English and Spanish  
Classes offered virtual and in-person

**2. CT Council of Family Service Agencies  
The Village for Families & Children  
Spring Street Family Center  
860-236-4511**

105 Spring Street  
Hartford, CT 06105

**Website:** [https://thevillage.org/  
programs-services/?menu\\_category  
name=parenting-education-family-  
strengthening](https://thevillage.org/programs-services/?menu_category_name=parenting-education-family-strengthening)

Classes offered in English  
Classes offered in-person

**3. Yardley Associates Enfield**

**Parent Education Program**

**860-688-1240**

Asnuntuck Community-Technical  
College  
170 Elm Street  
Enfield, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

**4. Yardley Associates Farmington**

**Parent Education Program**

**860-688-1240**

Hampton Inn and Suites Hartford/  
Farmington  
301 Colt Highway  
Farmington, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

**5. Yardley Associates Glastonbury**

**Parent Education Program**

**860-688-1240**

Hilton Gardens Inn  
85 Glastonbury Boulevard  
Glastonbury, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

**6. Yardley Associates Hartford**

**Parent Education Program**

**860-688-1240**

Hilton Hartford  
315 Trumbull Street  
Hartford, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

**7. Yardley Associates Manchester**

**Parent Education Program**

**860-688-1240**

Hampton Inn  
1432 Pleasant Valley Road  
Manchester, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

**8. Yardley Associates West Hartford**

**Parent Education Program**

**860-688-1240**

Hartford Hospital Wellness Center –  
Blue Back Square  
65 Memorial Road  
West Hartford, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

**9. Yardley Associates Windsor**

**Parent Education Program**

**860-688-1240**

Hartford Hospital Health Care Center –  
Windsor  
1060 Day Hill Road  
Windsor, CT

**Website:** [www.YardleyOnline.com](http://www.YardleyOnline.com)

Classes offered in English  
Classes offered virtual and in-person

## *LITCHFIELD JUDICIAL DISTRICT*

### **1. CT Council of Family Service Agencies**

**Catholic Charities**

**Main Phone: 860-527-1124**

**Toll-Free Phone: 1-888-405-1183**

132 Grove Street

Torrington, CT 06790

**Website:** <https://www.ccaoh.org/how-we-help/parenting-education/>

Classes offered in English and Spanish

Classes offered virtual and in-person

## *MIDDLESEX JUDICIAL DISTRICT*

### **1. CT Council of Family Service Agencies**

**Gilead Community Services, Inc**

**860-343-5300**

175 East Main Street

Middletown, CT 06457

**Website:** <https://gileadcs.org/programs-services/parent-education-classes-pep/>

Classes offered in English

Classes offered virtual and in-person

### **2. Lymes' Youth Service Bureau**

**860-434-7208**

190 Westbrook Road

Essex, CT

**Website:** [www.lysb.org/pep](http://www.lysb.org/pep)

Classes offered in English and Spanish

Classes offered virtual and in-person

## *NEW BRITAIN JUDICIAL DISTRICT*

### **1. CT Council of Family Service Agencies**

**Klingberg Family Centers, Inc.**

**860-224-9113**

370 Linwood Street

New Britain, CT 06052

Classes offered in English

Classes offered in-person

### **2. Wheeler Clinic**

**860-929-7733**

334 Farmington Avenue

Plainville, CT 06062

**Website:** <https://www.wheelerclinic.org>

Classes offered in English and Spanish

(virtual only)

Classes offered in-person

## *NEW HAVEN JUDICIAL DISTRICT*

### **1. CT Council of Family Service Agencies**

**Catholic Charities**

**Main Phone: 860-527-1124**

**Toll-Free Phone: 1-888-405-1183**

501 Lombard Street

New Haven, CT 06405

**Website:** <https://www.ccaoh.org/how-we-help/parenting-education/>

Classes offered in English and Spanish

Classes offered virtual and in-person

### **2. CT Council of Family Service Agencies**

**Family & Children's Agency**

**203-855-8765**

11 Business Park Drive

Branford, CT 06405

**Website:**

<https://familyandchildrensagency.org/about/what-we-do.aspx>

Classes offered in English

Classes offered in-person



**3. CT Council of Family Service Agencies  
Klingberg Family Centers, Inc.**

**860-224-9113**

169 Colony Street, 2nd Floor  
Meriden, CT 06451

**Website:**

<https://klingberg.org/programs-services/>

Classes offered in English

Classes offered in-person

**4. Hockanum Valley Community  
Council, Inc.**

**860-872-9825**

85 Willow Street, Suite 3, Building A  
New Haven, CT 06511

**Website:** [www.hvcchelps.org](http://www.hvcchelps.org)

Classes offered in English and Spanish

Classes offered virtual and in-person

***NORWICH/NEW LONDON JUDICIAL  
DISTRICT***

**1. Lymes' Youth Service Bureau**

**860-434-7208**

7 Vauxhall Street, New London CT 06320  
591 Poquonnock Road, Groton CT 06340  
59 Lyme Street, Old Lyme CT 06371

**Website:** [www.lysb.org/pep](http://www.lysb.org/pep)

Classes offered in English and Spanish

Classes offered virtual and in-person

***STAMFORD JUDICIAL DISTRICT***

**1. CT Council of Family Services Agencies  
Catholic Charities**

**203-750-9711**

120 East Avenue  
Norwalk, CT 06851

**Website:** <https://www.ccfairfield.org/project/pep/>

Classes offered in English

Classes offered virtual and in-person

**2. CT Council of Family Services Agencies  
Family & Children's Agency**

**203-855-8765**

9 Mott Avenue  
Norwalk, CT 06851

**Website:**

<https://familyandchildrensagency.org/about/what-we-do.aspx>

Classes offered in English

Classes offered in-person

**3. CT Council of Family Services Agencies  
Schoke Jewish Family Centers of  
Fairfield County**

**203-921-4161**

196 Greylock Place  
Stamford, CT 06901

**Website:** <http://www.ctjfs.org/divorce-mediation-group-counseling-and-focus-on-kids/>

Classes offered in English

Classes offered in-person

***TOLLAND JUDICIAL DISTRICT  
(ROCKVILLE)***

**1. CT Council of Family Service Agencies  
The Village for Families & Children/  
KIDSAFE CT**

**860-872-1918**

19 Elm Street  
Rockville, CT 06066

**Website:** [https://thevillage.org/programs-services/?menu\\_category\\_name=parenting-education-family-strengthening](https://thevillage.org/programs-services/?menu_category_name=parenting-education-family-strengthening)

Classes offered in English

Classes offered in-person





[www.jud.ct.gov](http://www.jud.ct.gov)